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1. The first part of the document discusses the importance of maintaining accurate records of all transactions and activities. It emphasizes that this is crucial for ensuring transparency and accountability in the organization's operations.

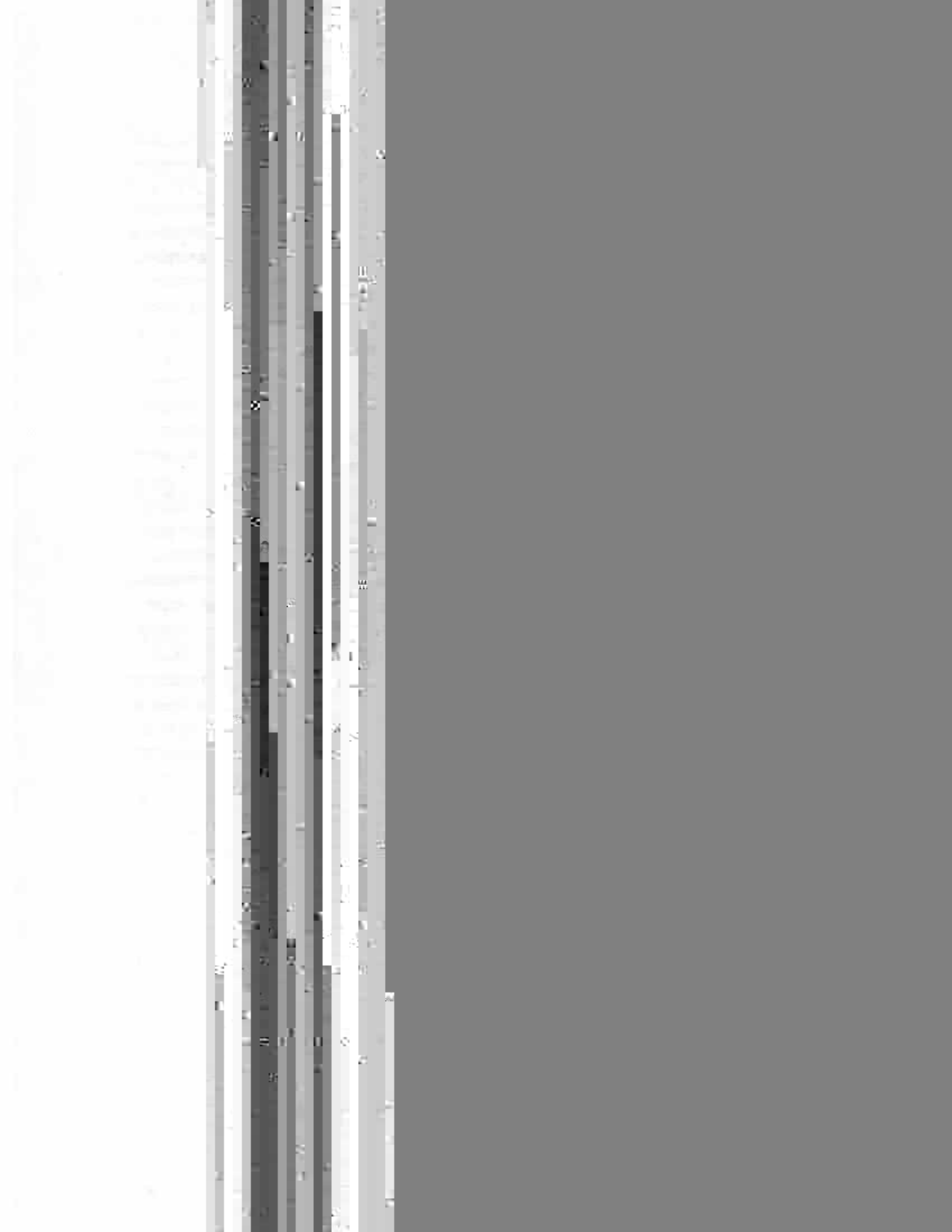
2. The second part of the document outlines the various methods and tools used to collect and analyze data. It highlights the need for consistent data collection procedures and the use of advanced analytical techniques to derive meaningful insights from the data.

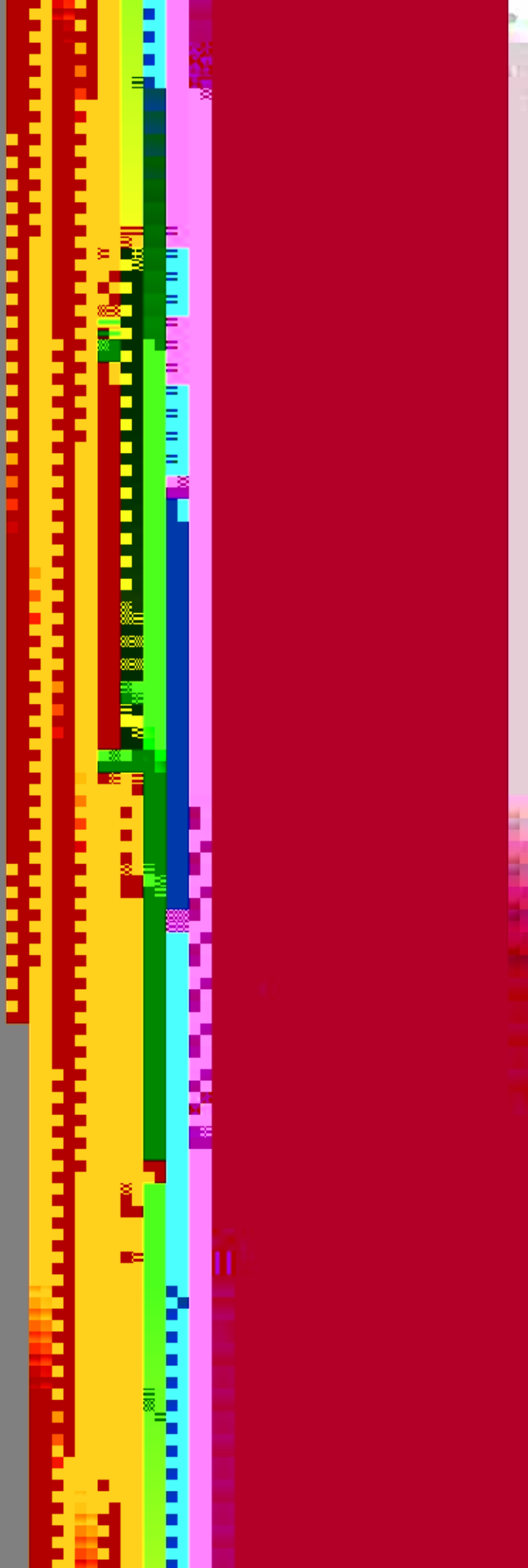
3. The third part of the document focuses on the implementation of data-driven strategies. It provides a detailed overview of how the organization plans to leverage the insights gained from its data to optimize its performance and achieve its strategic goals.

4. The final part of the document concludes with a summary of the key findings and recommendations. It reiterates the importance of a data-driven approach and provides a clear roadmap for the organization's future data management and analysis efforts.

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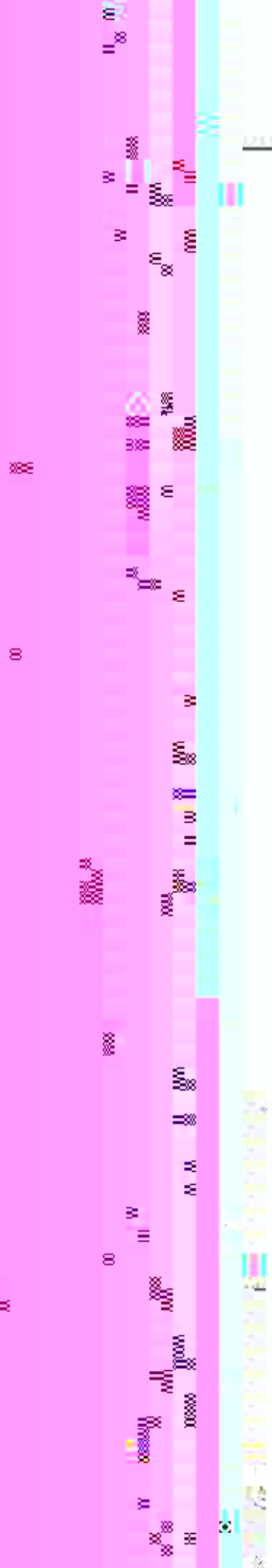


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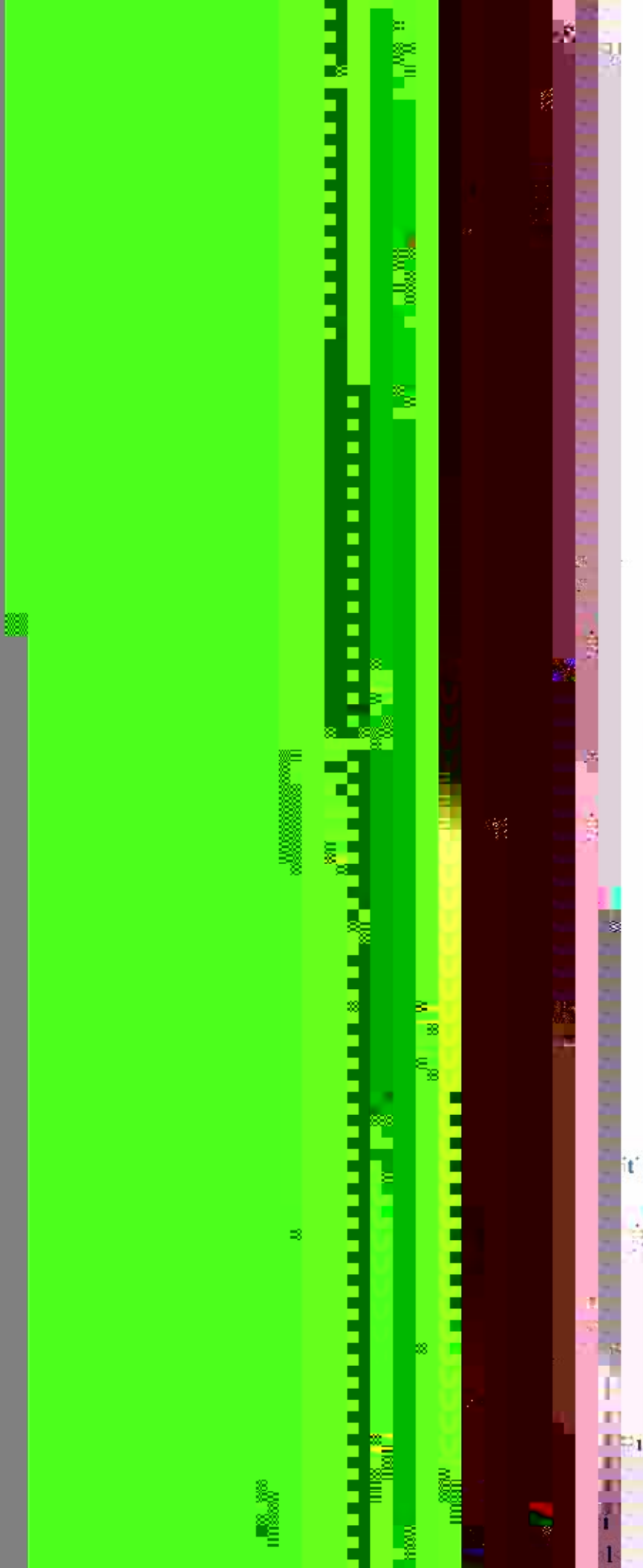
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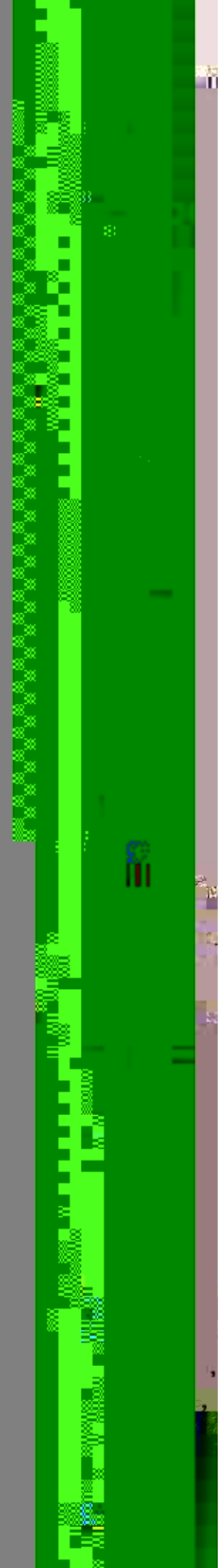
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1. Introduction
2. Methodology
3. Results
4. Discussion
5. Conclusion

6. Appendix
7. References
8. Acknowledgements
9. Contact Information

10. Bibliography
11. Index
12. Glossary



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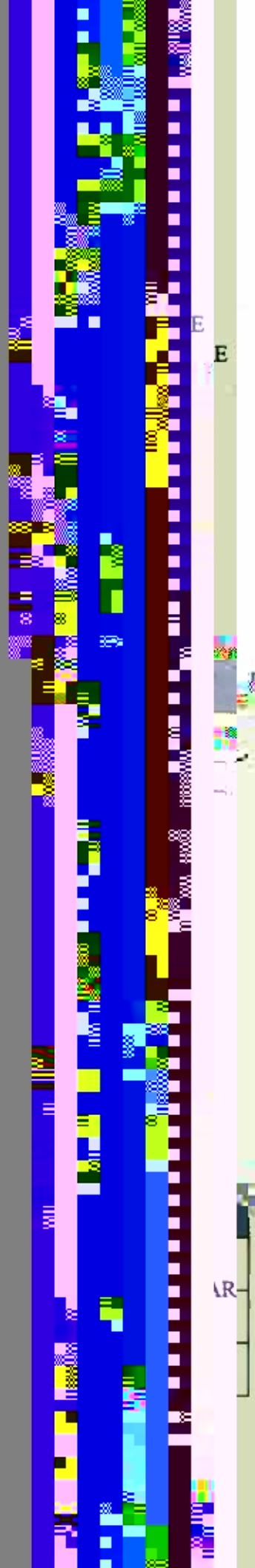
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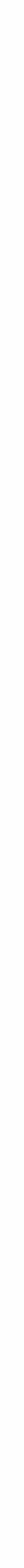
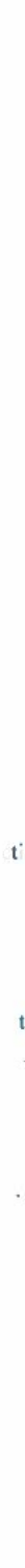
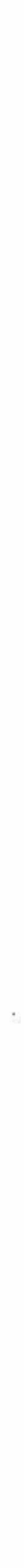
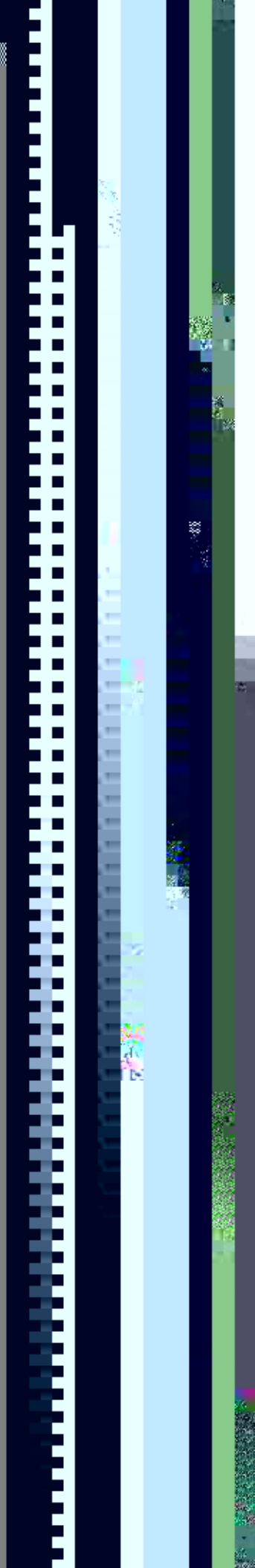
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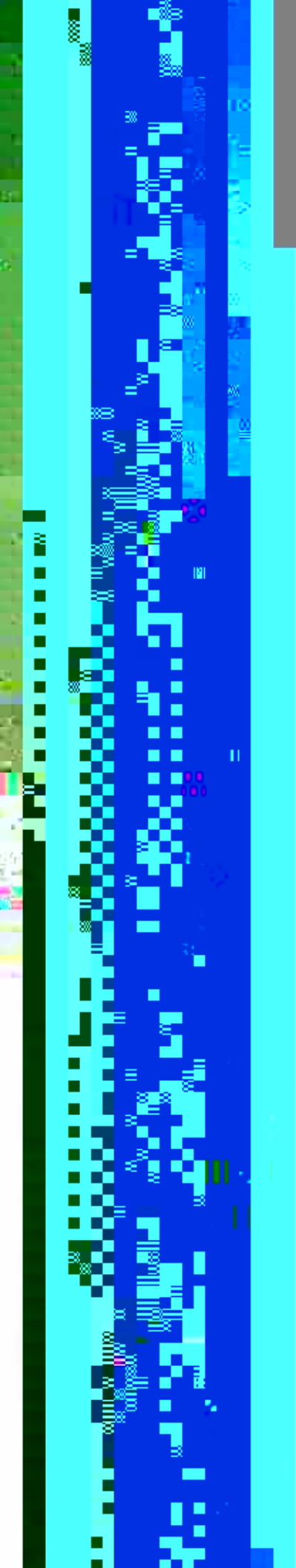
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Code of Conduct Alcohol Violation

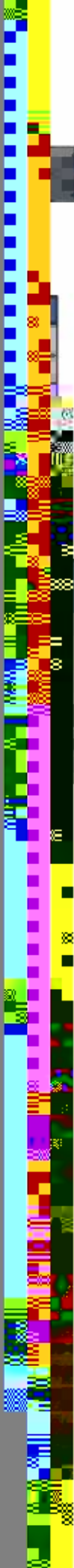


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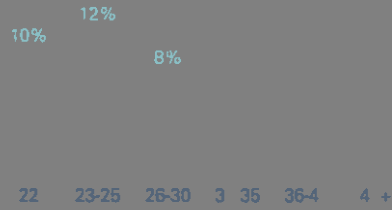
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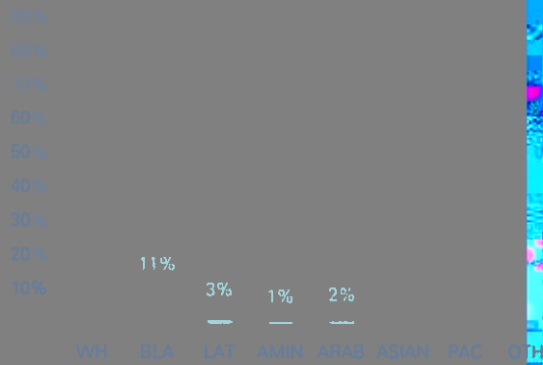
Gender



Living arrangement



- 2 Campus residence hall
- Fraternity or sorority house
- Other university housing
- Off-campus, non-university housing
- Parent or guardian's home
- Other

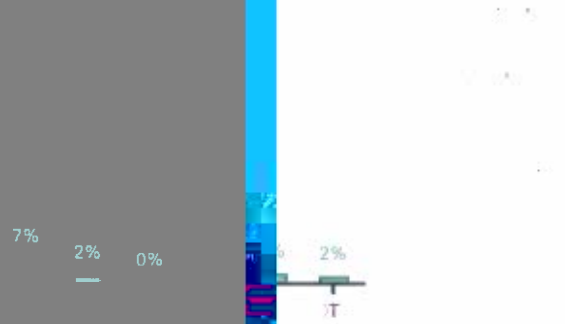


Race/ethnicity

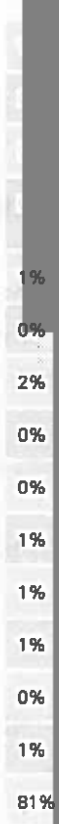
Class Format



Degree program



HEALTH BEHAVIORS AND LIFESTYLE

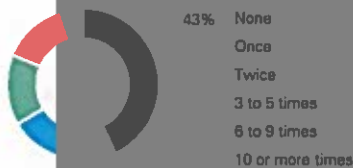


Binge drinking

The following questions ask about how much you drink. A "drink" means any of the following

- A 12-ounce can or bottle of beer
- A 4-ounce glass of wine
- A shot of liquor straight or in a mixed drink

During the last two weeks, how many times have you had 4 (female), 5 (male), 4 or 5 (transgender/gender non-conforming) or more drinks in a row? (among those with any alcohol use)



Exercise

In the past 30 days, about how many hours per week on average did you spend exercising? (include any exercise of moderate or higher intensity, where "moderate intensity" would be roughly equivalent to brisk walking or bicycling)



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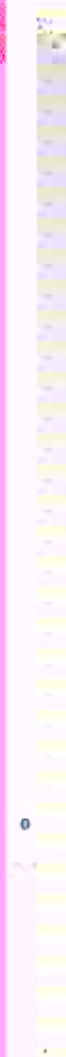
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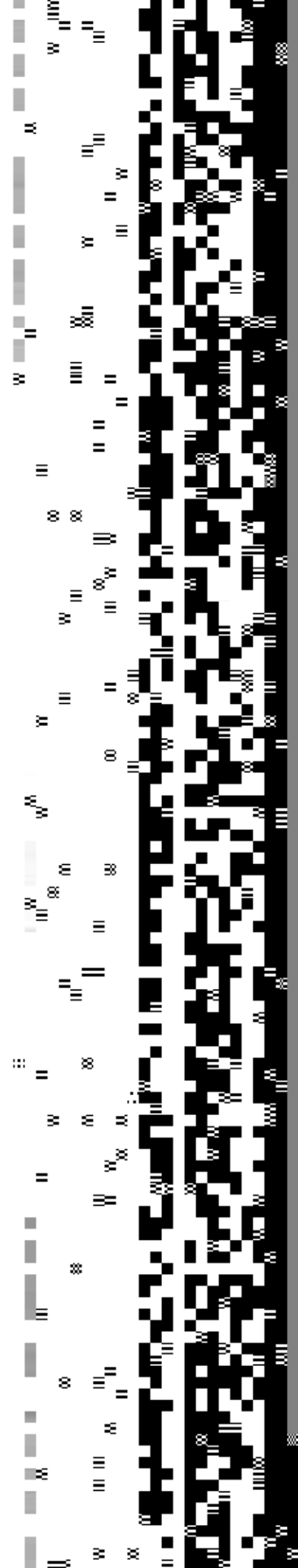
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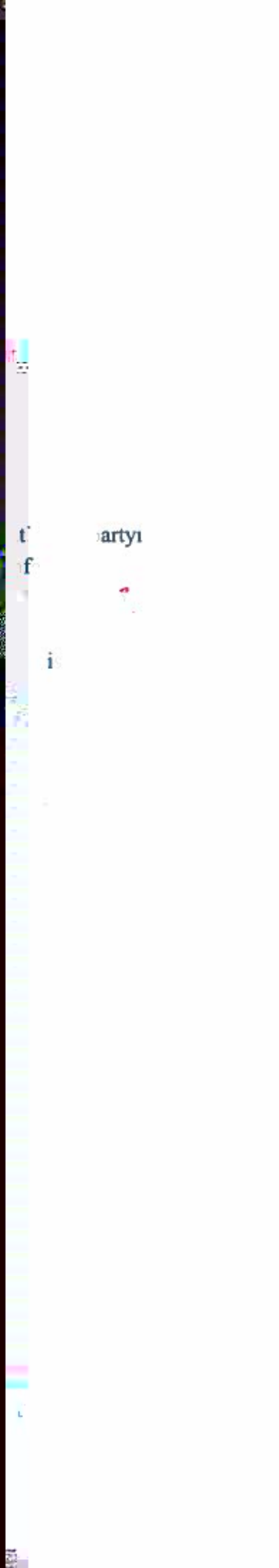
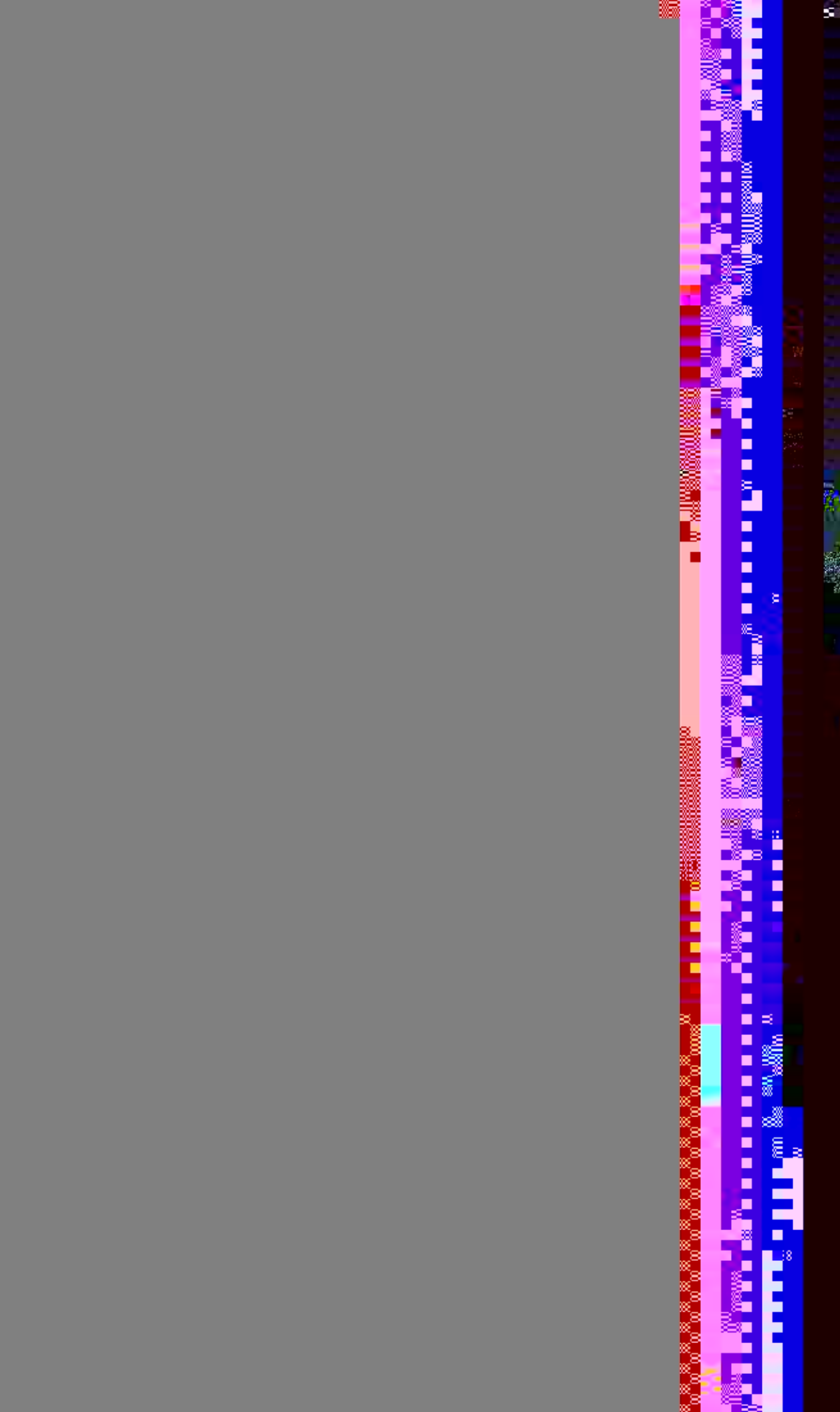








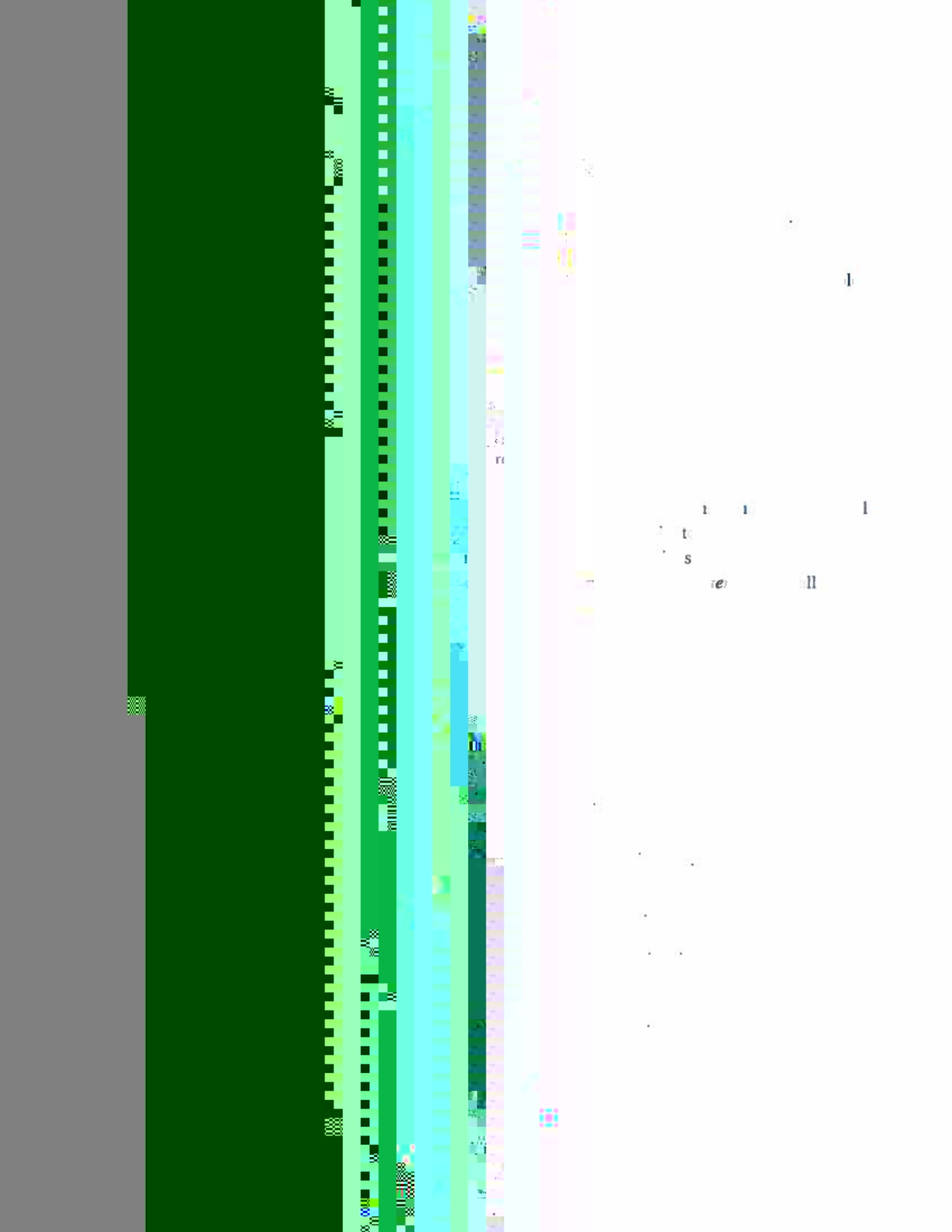




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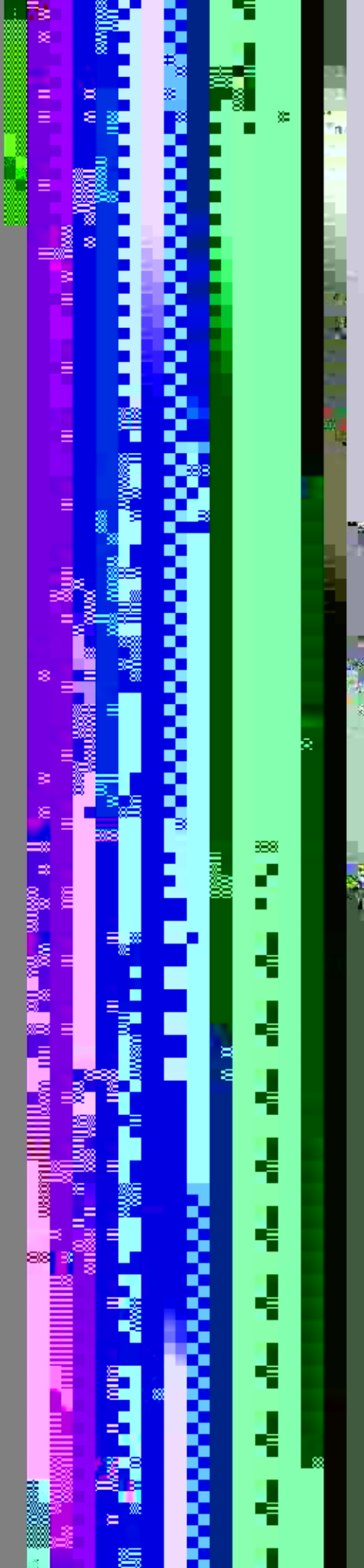




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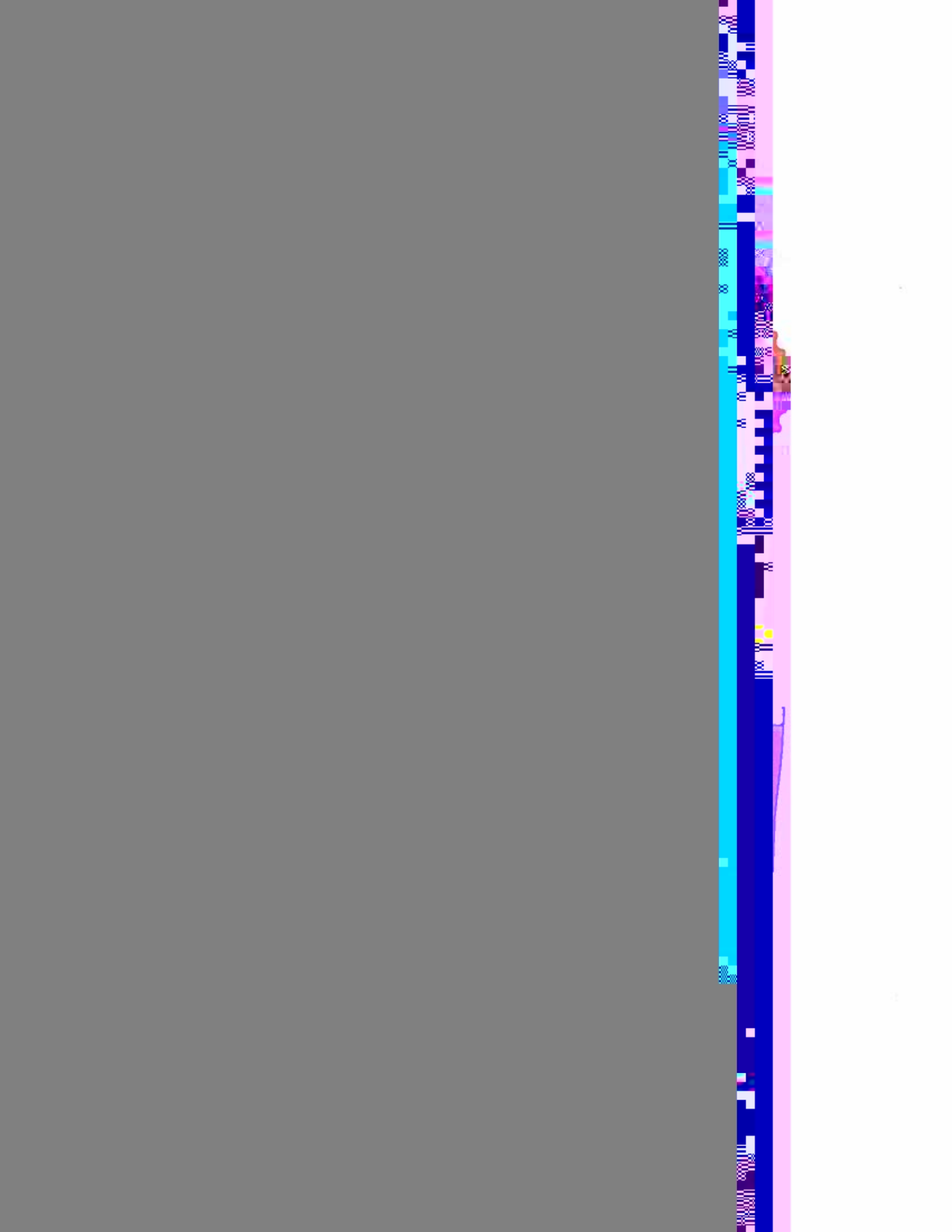
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Minds Network

STUDY TEAM

Principal Investigators: Daniel Eisenberg, PhD & Sarah Ketchen Lipson, EdM, PhD & Justin Heinze, PhD

Co-investigator: Sasha Zhou, PhD, MPH, MHSA

Project Managers: Amber Talask , MPH & Akilah Patterson, MPH

REPORT TEAM

Graphic Designer: Sarah Fogel, University of Michigan School of Art and Design, Class of 2014

Report Automation: Paul Schulz and Lingxi Li, Population Dynamics and Health Program, University of Michigan

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| STUDY PURPOSE | 1 |
| STUDY DESIGN | 1 |
| ABOUT THIS REPORT | 2 |
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| SAMPLE CHARACTERISTICS | 4 |
| PREVALENCE OF MENTAL HEALTH PROBLEMS | 5 |
| HEALTH BEHAVIORS AND LIFESTYLE | 7 |
| ATTITUDES AND BELIEFS ABOUT MENTAL HEALTH SERVICES | 8 |
| USE OF SERVICES | 9 |
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| APPENDIX: DESCRIPTIVE STATISTICS FOR SURVEY ITEMS | 12 |

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ABOUT THIS REPORT

The information in this report is based on data from the 2019-2020 National Student Health and Well-being Survey. The survey was conducted by the National Student Health and Well-being Survey team at the University of Queensland. The survey was conducted between 15 October 2019 and 15 February 2020. The survey was conducted online and was available to all students at participating institutions. The survey was conducted in English and was available to students in Australia, New Zealand, and the United Kingdom. The survey was conducted in English and was available to students in Australia, New Zealand, and the United Kingdom.

APPENDIX

The appendix includes values for most measures in the three standard survey modules that are administered on all participating campuses: Demographics, Mental Health Status, and Mental Health Services Utilization/Help-Seeking. For each measure, the data tables display the following information: the value table for your institution, the 95% confidence interval for your institution's value, the value for the national sample, and an indicator if your institution's value is significantly higher or lower than the national value. All values in the appendix have been weighted to be representative of the full student populations to which they refer (see Non-response Analysis). Also note that for some measures, respondents were allowed to check more than one response category (e.g., they might have gone to more than one type of provider for mental health services), so the percentages

EXPLORING YOUR DATA FURTHER

KEY FINDINGS

This section offers a quick look at

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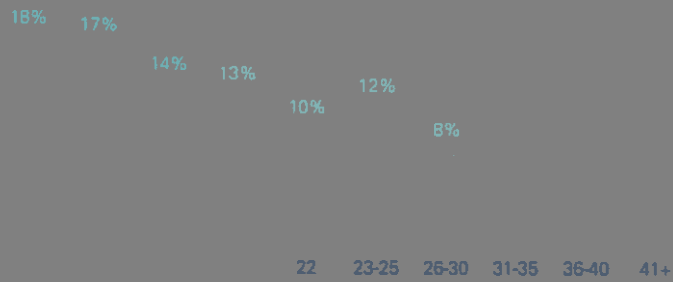
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SAMPLE CHARACTERISTICS (=1931)

Age (years)



Gender



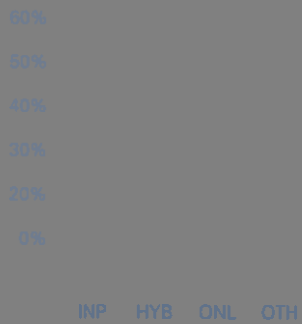
Living arrangement



Race/ethnicity

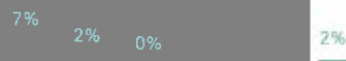


Class Format



INP All In-Person
 HYB Hybrid
 ONL All Onl
 OTH Other

Degree progra



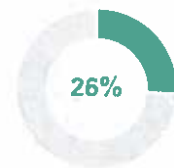
SUICIDALITY AND SELF-INJURIOUS BEHAVIOR

Suicidal ideation (past year)

Suicide plan (past year)

Suicide attempt (past year)

Non-suicidal self-injury (past year)



LIFETIME DIAGNOSES OF MENTAL DISORDERS

19% ... disorder, intellectual

58

ACADEMIC IMPAIRMENT



15% None
1-2 days
3-5 days
6 or more days

POSITIVE MENTAL HEALTH

Positive mental health

32%

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HEALTH BEHAVIORS AND LIFESTYLE

Exercise

In the past 30 days, about how many hours per week on average did you spend exercising? (include any exercise of moderate or higher intensity where "moderate intensity" would be roughly equivalent to brisk walking or bicycling)



43% one
Once
week
times
times
or more times

ATTITUDES AND BELIEFS ABOUT MENTAL HEALTH SERVICES

KNOWLEDGE

I believe my school actively works towards combatting racism within the campus community.



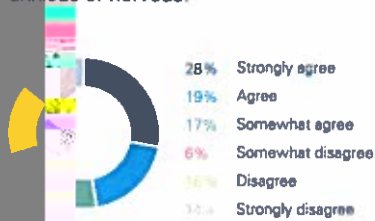
Perceived need (current)

In the past 12 months, I needed help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.



Perceived need (past year)

In the past 12 months, I needed help for emotional or mental health problems such as feeling sad, blue, anxious or nervous.



SCHOOL CLIMATE

Anti-racism

I believe my school actively works towards combatting racism within the campus community.







Source

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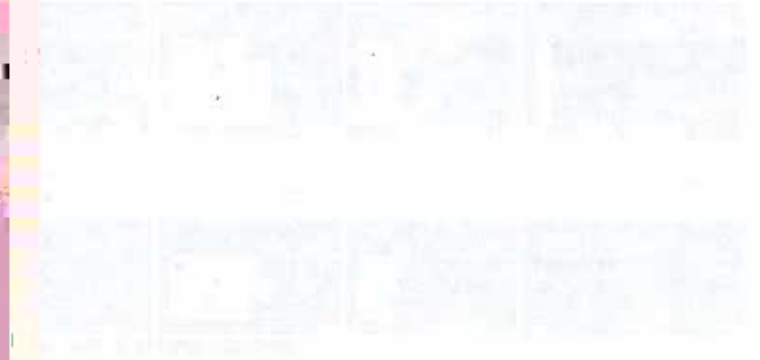
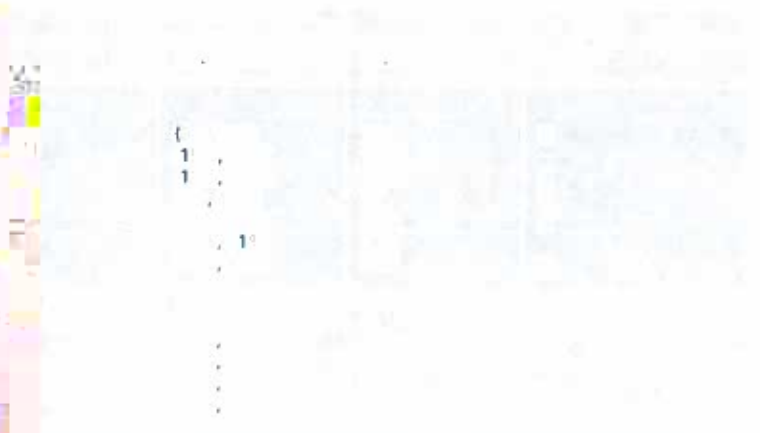
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| MEASURE | All Students | 95% CONFIDENCE INTERVAL | NATIONAL SAMPLE |
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|---------|--------------|-------------------------|-----------------|

Help-Seeking

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| 35% | (31%, 40%) |
| 27% | (23%, 32%) |
| 37% | (33%, 42%) |

Significantly Different
from National Sample

| | | | |
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| | 2%) , 4%) 19%) , 21%) 34%, 49%) , 33%) | 3% 5% 7% 19% 42% 24% | X X X |
| | %) %) 10%) 22%) 59%) 27%) | 2% 3% 6% 15% 47% 27% | |
| | 4%) 7%) 11%) 22%) 37%) (48%) | 4% 5% 8% 14% 33% 36% | |
| % | (0%, 0%) | 2% | |
| % | (0%, 2%) | 1% | |
| % | (0%, 5%) | 2% | |
| % | (2%, 9%) | 8% | |
| 9% | (31 46%) | 38% | |
| 2% | (44 60%) | 49% | |

MEASURE

Significantly Different
from National Sample

MEASURE

Significantly Different from National Sample

| | |
|------|-----|
| 5%) | 4% |
| 41%) | 40% |
| 18%) | 17% |
| 21%) | 18% |
| 15%) | 13% |
| 8%) | 7% |
| 25%) | 21% |

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| 9%) | 7% |
| 16%) | 15% |

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| 74%) |
| 20%) |
| 38%) |

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| %) | 5% |
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| on | 8% | 31%) | 29% |
| on | 7% | r, 39%) | 30% |
| on | % | r 9%) | 7% |
| on | % | 9%) | 3% |
| | | | |
| on | 63% | (60%, 65%) | 58% |
| on | 9% | (27%, 32%) | 32% |
| on | % | (7%, 9%) | 10% |

Significantly Different
from National Sample

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